

2025

JANUARY

BEAR LAKE SENIOR CENTER

Changing lives one meal at a time.



Mon	Tues	Time	Wednesday	Thursday	Friday
		10:00 A.M. 11:30 A.M. noon 1:00 P.M. 6:30 P.M.	Closed for New Year's Day	9:00—Art Biscuit & Sausage Gravy 2 Table Tennis 9:00—Art Brisket Sandwich 9 12:30 Staying Active During Winter Table Tennis	Skylar Williams - Trivia 3 KFC Bowl INTERNATIONAL MIND-BODY WELLNESS DAY
6	7	10:00 A.M. 11:30 A.M. noon 1:00 P.M. 6:30 P.M.	Bingo 8 Pork Loin / Pilaf 12:30 Fit for Fallproof NATIONAL WINTER SKIN DAY	9:00—Art Brisket Sandwich 9 12:30 Staying Active During Winter Table Tennis	TBD 10 Apple Turkey Stuffing Casserole HOUSEPLANT APPRECIATION DAY
13	14	10:00 A.M. 11:30 A.M. noon 1:00 P.M. 6:30 P.M.	Bingo 15 Lasagna 12:30 Fit for Fallproof HUMANITARIAN DAY	9:00—Art Chicken Tortellini Alfredo 16 Table Tennis	11:30 Book Club Wesley D. 17 Shepherd's Pie JUDGMENT DAY
20	21	10:00 A.M. 11:30 A.M. noon 1:00 P.M. 6:30 P.M.	Bingo 22 Sweet & Sour Chicken 12:30 Fit for Fallproof NATIONAL BLONDE BROWNIE DAY	9:00—Art Chicken Enchilada 23 Table Tennis	Lilianna Yorgason, et. al. 24 Roast Beef NATIONAL PEANUT BUTTER DAY
27	28	10:00 A.M. 11:30 A.M. noon 1:00 P.M.	Bingo 29 Chicken Manicotti 12:30 Fit for Fallproof NATIONAL CORN CHIP DAY	9:00—Art Grilled Chicken Sandwich / & Cream of Potato Soup 30 11:30—Stitchers NATIONAL CROISSANT DAY	Cordell Green 31 Chicken Fried Steak EAT BRUSSEL SPROUTS DAY



LOCATED JUST NORTH AND EAST OF THE HELICOPTER PAD
300 HOSPITAL PLAZA.
• MONTPELIER, ID 83254 •
208.847.3141

Hours of Operation: 9:00 A.M. – 3:00 P.M. Wednesday thru Friday
Lunch: under age 60 - price - \$7.00 / age 60 & over - suggested donation - \$6.00
Lunch Served: 11:30 A.M. - 1:00 P.M. Wednesday & Thursday; noon - 1:00 P.M. Friday
— Hamburgers almost always available \$4.00 —
MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD.

To Make Changes to your Home Delivery, Call Before 10:00 A.M.